



Bolton by Bowland C.E. Primary School

Newsletter

Belong Believe Blossom

6th December 2024

KS2 School Swimming

Swimming continues every Tuesday until the 17th December 2024.

Tuesday 10th December has been cancelled due to the School Christmas Nativity.

Please can children bring a named swimming bag with a towel, swimwear and a brush.

Girls are required to have a one piece costume.

Pupils with long hair should have it secured with a hair band/bobble or a swimming hat.

Boys should wear trunks or swim shorts above the knee with netting inside and not the bermuda/board short style.

Goggles for beginners should only be used in exceptional circumstances when chemicals in the water may have an adverse effect on pupil's eyes. For competent swimmers (25 metres+) goggles are advised as they help maintain the required body position and help improve vision through the water.

All jewellery, with the exception of religious artefacts, which can be made safe should be removed because of the potential for injury to the wearer and other children.



Healthy Snacks

To encourage healthy eating habits from an early age we are strongly encouraging our children to start eating fruit at break time. Please help us by sending children in with a piece of fruit or a healthy alternative each day or 20p to buy fruit. EYFS/KS1 receive 2 pieces of free fruit each day. Cake treats will only be allowed, or available to buy on a Friday for 50p.



School Meal Menu – Week Beginning 9th December

Autumn 2024	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Sausage Roll	Chicken Burger	Christmas Lunch	Chicken Korma	Battered Fish & Chips
Choice 2	Cheese Omelette	Tomato Pasta		Jacket Potato with a choice of fillings	Filled Roll & Chips

Telephone: 01200 447632

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Achievement Award

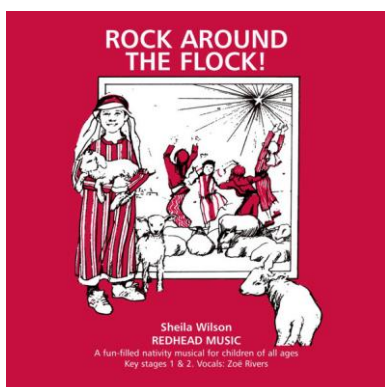
Value – Henry W (Y6), Nancy (Y4)

Achiever – Isabelle (R), Leonie (Y6)



Thanks to the generosity of our families we raised over £200 at our Christmas Fair. We cannot thank you enough for your support and donations. The winners of individual games will be revealed on Monday in school and prizes will be given out.

Mrs Foley will continue selling squares for 'Find the Turkey' at the Coach & Horses Christmas Market on Saturday 14th December.



Rock Around The Flock!

Tuesday 10th December @ 2pm and 6pm

Extra tickets may be available on Monday 9th December for both performances.

If you haven't already collected the 2 afternoon and 2 evening tickets allocated per family please let Mrs Awre know before 9am on Monday.

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Now that the weather is turning it is a good time for parents to familiarise themselves with some of the common illnesses that can disrupt children's studies or even cause more serious illness during the colder months

The following table provides guidance on some common childhood illnesses, and whether children need to stay off school*:

Illness	Recommendations
Chicken pox and shingles	Keep off school for five days from start of rash and until all the spots have crusted over
Cold sores	No need to be off school
Conjunctivitis	No need to be off school
Diarrhoea and vomiting	Keep off school until 48 hours after the last episode of diarrhoea or vomiting
Flu (influenza)	Children should return to school as soon as they have recovered
Glandular fever	No need to be off school
Hand, foot and mouth disease	It is not usually necessary to keep off school
Head lice (nits)	No need to be off school
Impetigo	Keep off school until lesions (spots) are crusted or healed or 48 hours after starting antibiotic treatment, whichever is shorter
Measles	Keep off school for four days from start of rash and until recovered
Molluscum contagiosum	No need to be off school
Mumps	Keep off school for five days from start of swollen glands
Ringworm	It is not usually necessary to keep off school
Rubella (German measles)	Keep off school for four days from start of rash
Scabies	Children can return to school after first treatment
Scarlet fever	Keep off school for 24 hours after starting antibiotic treatment
Slapped cheek / Fifth disease / Parvovirus B19	No need to be off school once rash has developed
Threadworms	No need to be off school
Warts and verrucae	No need to be off school
Whooping cough (pertussis)	Keep off school for two days after starting antibiotic treatment or 21 days from start of cough if no antibiotic treatment has been given



Diary Dates

December

- Nativity Dress Rehearsal – Monday 9th December
- Nativity Performances at 2pm and 6pm on Tuesday 10th December
- Christmas Lunch with Governors on Wednesday 11th December
- Christmas Market @ Coach & Horses from 5pm on 14th December
- Christmas Party with Father Christmas on Wednesday 18th December
- Joint Carol Service in Bolton-by-Bowland Church at 9.30am on Thursday 19th December
- Non-Uniform Day and school closes for Christmas at 3.30pm on Friday 20th December